



# HOCATT™

## Hyperthermic Ozone & Carbonic Acid Transdermal Technology

THE HOCATT™ IS A SINGLE UNIT DEVELOPED FOR A SINGLE PURPOSE – STRATEGIC WELLNESS AND VITALITY. How does it do this? Using a combination of powerful modalities, the HOCATT™ detoxes the body, improves circulation, boosts energy, and strengthens the immune system.

### WHY IS THE IMMUNE SYSTEM SO IMPORTANT?

When it's working properly, the immune system is nature's most perfect healing network – it provides the ideal platform for the recovery of any illness or disease.

However, the immune system is not invincible! It can be weakened by things that overburden it, like heavy metals and toxins in the water we drink, the air we breathe, and the food we eat. In today's world we are all steadily exposed to toxins, and most of us remain unaware as they continue to accumulate. Eventually, the pace of incoming toxins may overtake the pace at which your body can eliminate them. When you reach this point, your body has no choice but to store some of these toxins, which it does in your fat cells. A study done in 2005 found that blood samples from newborns contained an average of 287 known toxins<sup>1</sup> – if a newborn is exposed to that many toxins, imagine how many you have been exposed to in your LIFE!

An unhealthy lifestyle like eating too much sugar, excessive alcohol consumption, smoking, lack of exercise, stress, too little sleep, and lack of oxygen also weakens the immune system. When this happens, the door is left open for disease to creep in...

This is why supporting the immune system is so important, because it's not just there to fight diseases – a strong and balanced immune system will prevent you from getting sick in the first place. With a strong immune system, everything works better! But what does this mean for you? You'll FEEL better, LOOK better, PERFORM better, you'll have more energy, focus and drive.

### HOW DOES THE HOCATT™ WORK?

The HOCATT™ delivers a combination of technologies perfectly sequenced to give a gentle, but incredibly powerful session that boosts energy, and detoxifies the body down to cellular level. The main technology is Transdermal Ozone, which is generated from pure Oxygen. You can think of Ozone as a Super-Oxygen!

1. Washington, DC: Environmental Working Group (EWG); 2005 July 14; 77p. (Online). Available: [http://www.ewg.org/reports/bodyburden2/\(2005 July 27\)](http://www.ewg.org/reports/bodyburden2/(2005%20July%2027))

## HOW DOES HOCATT™ DETOX YOUR BODY?

The HOCATT™ is 7x more effective at detoxifying the body and chelating (binding) heavy metals than conventional saunas! While relaxing in the HOCATT™, the ozonated steam covers your skin, flooding your body with Super-Oxygen products! These binds to toxins and heavy metals, making it easier for your body to excrete them, and because the HOCATT™ is also a steam sauna chamber, you get to sweat the toxins out too!

Not only does the HOCATT™ detox your body, it also stimulates the immune system. It also improves blood and lymph circulation, and enhances all organ function – including the production of hormones and enzymes. The HOCATT™ also reduces stress and anxiety, which is very important for immune health.

### HOCATT™ MODALITIES:

- **Transdermal Ozone**
- **CO<sub>2</sub> / Carbonic Acid**
- **Whole Body Hyperthermia (WBH)**
  - Far Infrared
  - Steam Sauna
- **High-Intensity PEMF (Pulsed Electro-Magnetic Fields)**
- **Frequency Specific Microcurrents**
- **Exercise with Oxygen Breathing**
- **Essential Oil Infusions**
- **Photon Light & Colors**
- **Ultraviolet Irradiation**

Each session is just 30 minutes long, which is another great thing about the HOCATT™ – it allows you to do everything you need to do to achieve optimal wellness and vitality, or to reach a peak state of performance, and it delivers this to you ALL AT THE SAME TIME, for just 30 minutes out of your day!

The HOCATT™ has tremendous VALUE: Not only do you receive so many modalities in one session, but because of the way these modalities support and potentiate one another – you get twice the results!

There is nothing else on the market that can do what the HOCATT™ does – and REMEMBER! You don't have to be sick to benefit: whether you're ill, an athlete looking to boost performance, or just a healthy person concerned with prevention or looking to get even healthier and detox your system, the HOCATT™ will benefit you.



This device has been evaluated and awarded CE Certification. It has not been evaluated or approved by the FDA or NDF, and we do not claim its intended use to cure any disease or medical condition.  
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# HOCATT™

## What makes it BETTER than the rest?

THE HOCATT™ WAS DEVELOPED FOR A SINGLE PURPOSE – STRATEGIC WELLNESS AND VITALITY. HOCATT™ takes the holistic approach, using a **combination** of powerful, natural technologies perfectly sequenced to boost energy, enhance circulation, strengthen the immune system and detoxify the body down to cellular level.

### EXPERIENCE THE POWER OF 10

The HOCATT™ is not just one technology - there is **A LOT** going on in this bad boy!

#### HOCATT™ Technologies:

- Transdermal Ozone
- CO<sub>2</sub> / Carbonic Acid
- Whole Body Hyperthermia (WBH)
  - Far Infrared
  - Steam Sauna
- High-Intensity PEMF (Pulsed Electro-Magnetic Fields)
- Frequency Specific Microcurrents
- Passive Exercise with Oxygen Breathing
- Essential Oil Infusions
- Photon Light & Colors
- Ultraviolet Irradiation

Other technologies, such as cryotherapy, hyperbaric chambers, autohemotherapy, etc. deliver great benefits. However, they can only deliver **ONE** single modality. Even if you were to use several of these technologies, you have to use them one at a time.

With just 30 minutes inside the HOCATT™ you get 10 technologies simultaneously! So it's actually quite unfair to compare other technologies to the powerhouse **combination** that the HOCATT™ has to offer! Any one individual device won't provide the **collective responses** that the HOCATT™ can give you.

### COLLECTIVE RESPONSE – BETTER RESULTS

HOCATT™ is the only device that simultaneously works on **ALL** major systems in the body. The HOCATT™ gives the body more energy that it can use right off the bat. This is vital for maintaining optimal wellness and vitality.

The **combined technologies** used in the HOCATT™ have been carefully chosen through extensive scientific consideration. They have been chosen not only because they are powerful individually, but because of how exceedingly powerful they become when they work together in the HOCATT™. This is why the HOCATT™ has such tremendous **VALUE**: in addition to receiving these 10 technologies in one session, because of the way they support and potentiate one another – you get even better results!



# Sports Enhancement & the HOCATT™

## LET ME ASK YOU SOMETHING:

What would you say if someone told you that you could increase your athletic performance simply by sitting and relaxing for just 30 minutes a day? Well, they say "if it seems too good to be true, it usually is". But for the HOCATT™ it's true! And it's not just good – it's great!

## SO WHAT IS THE HOCATT™?

**Hyperthermic Ozone & Carbonic Acid Transdermal Technology:** The HOCATT™ is a bio-chamber that delivers a combination of modalities perfectly sequenced to give a gentle, but incredibly powerful session, that boosts energy and detoxes your body down to cellular level. The main modality is Transdermal Ozone, which is generated from pure Oxygen.

## SO WHAT DOES IT DO?

Using Hyperthermia together with Transdermal Ozone:

- \* Ensures optimal athletic performance.
- \* Increases energy levels.
- \* Builds strength, endurance and speed – without fatigue!
- \* Enhances weight loss – burns up to 600 calories per session!
- \* Turns fat into muscle!
- \* Speeds up recovery post-exercise.
- \* Enhances healing for sports injuries.
- \* Reduces physical and emotional stress.

## HOW DOES IT DO THIS?

- \* Increases metabolism and heart rate, which simulates a cardiovascular workout.
- \* Improves oxygen utilization and respiratory efficacy.
- \* Cleans veins and arteries by dissolving plaque, and also dilates arteries.
- \* Increases blood and lymph circulation throughout the entire body, thereby improving oxygen delivery down to cellular level! This enhances mitochondrial function and increases ATP production – which means MORE ENERGY!
- \* Excretes toxins, stimulates the immune system and promotes healing:
  - Regenerates damaged tissue.
  - Enhances the elimination of lactic acid, which facilitates faster recovery after exercise.
  - Reduces the stress your body undergoes with exercise and relieves tension.
  - Reduces inflammation/swelling and pain, and also reduces chronic joint pain.

For the athlete, it's all about increasing energy and improving the way you use oxygen. Because the HOCATT™ floods your body with ozone (which you can think of as a Super-Oxygen) all the way down to cellular level, it's the ideal tool for any sports enthusiast!

# Women's Health & the HOCATT™

## LET ME ASK YOU SOMETHING:

What would you say if someone told you that you could slow the hands of time AND manage your weight, simply by sitting and relaxing for just 30 minutes a day? Well, they say "if it seems too good to be true, it usually is". But for the HOCATT™ it is true! And it's not just good – it's great!

## SO WHAT IS THE HOCATT™?

**Hyperthermic Ozone & Carbonic Acid Transdermal Technology:** The HOCATT™ is a bio-chamber that delivers a combination of modalities perfectly sequenced to give a gentle, but incredibly powerful session, that boosts energy and detoxes your body down to cellular level. The main modality is Transdermal Ozone, which is generated from pure Oxygen – you can think of Ozone as a Super-Oxygen!

## OZONE & WOMEN'S HEALTH

Research shows that the most common health issues faced by women can be overcome with Ozone – it can even be used for gynecological issues such as endometriosis, ovarian cysts, and vaginitis. Most women have at some stage in their life experienced some form of vaginitis (e.g. thrush), which can be 100% eliminated by Ozone Insufflation<sup>1</sup>. Vaginal Insufflation is recommended for any vaginal yeast/fungal, viral or bacterial infection – many such infections prevent conception and lower fertility, thus Ozone Therapy is helping many women achieve their dreams of becoming mothers. Ozone Therapy can even treat threatened abortion<sup>2</sup>.

1. Chandra-D'Mello, Rajani, and Ronald D'Mello. "Ozone Therapy in female infertility." Institute of Surgery, Baku, Azerbaijan.

2. Gretchkanev, Guennadi O. "Ozonotherapy as the Main Component of the Complex Treatment of Threatened Abortion." the 15th world ozone congress, London, 2001.

## HOCATT™ & WOMEN'S HEALTH

The HOCATT™ was specially designed with women in mind: it has an extra ozone generator dedicated to performing OPTIONAL vaginal Ozone-Oxygen insufflations and breast cupping.

Inside the HOCATT™ chamber, first Carbonic Acid and then Ozone mix with the steam and cover the skin, hence it is a Transdermal application. The Ozone steam purifies the skin and removes toxins, enhancing the vitality of the skin. It is also fantastic for skin problems, such as eczema and psoriasis.

## WEIGHT MANAGEMENT & BEAUTY

When it comes to your skin, Carbonic Acid and Ozone are the best applications for rejuvenation and beauty:

- Slows the aging process by increasing oxygen delivery to cells.
- Rejuvenates the skin by reducing and smoothing fine wrinkles.
- Stimulates collagen and elastin synthesis – strengthens the collagen layer.
- Strengthens connective tissue, tightens and firms, yet leaves the skin soft and supple.
- Improves elasticity and texture of skin, reduces blemishes and softens acne scars.
- Reduces cellulite.
- Enhances weight loss – burn up to 600 calories per session!
- Turns fat into muscle!



## THE "SHOT-GUN" EFFECT

Always bear in mind that everyone is different. People can respond differently to different things, so something that works for one person might not work for someone else. When a person doesn't respond to one thing, they have to try another thing and see if that works, and then if that doesn't work they have to try something else, and so on... This can be a long and expensive process. Unfortunately, most people spend a lot of time and money on the things that DON'T work before they find something that DOES work for them.

The HOCATT™ has the advantage of a "shot-gun" effect, by applying multiple technologies simultaneously. Most people soak up ALL the benefits of the HOCATT™, but what if you already know that you won't respond to one of the individual technologies? Not a problem! With its "shot-gun" effect, you can be sure that **something** in the HOCATT™ will work, and through its use the HOCATT™ can even help people start responding to those technologies that were not working for them initially!

The HOCATT™ gives you the opportunity to try something affordable, yet extremely effective. Why spend more money on several separate devices when you can get MORE benefits and a MORE powerful, collective response from the HOCATT™?

## HOCATT™ GIVES YOU MORE TIME

This is one of the many great things about the HOCATT™. It allows you to do everything you need to do to everything you need to do to achieve optimal wellness and vitality, or to reach a peak state of performance, and it delivers this to you all at the same time, for just 30 minutes out of your day! So in this way, the HOCATT™ gives you MORE TIME. And not just in terms of wellness and longevity, but literally more time in your day.

If you had to try and do all of these technologies individually, not only would you miss out on the collective benefits, but it would take hours to get through them all! Hours of precious time that some people don't have to waste. Hours that could you could be spending living life to the fullest.

## HOCATT™ GIVES YOU AN EDGE

HOCATT™ puts you ahead of the game, whether it be in business, physical or mental performance, wellness and vitality, or quality of life. The HOCATT™ system gives you that edge. It literally puts your body in a heightened state, which allows your body to function beyond the limitations of today's world.

HOCATT™ is the most powerful life-enhancer and youth-protector that you will ever find!

FEEL GREAT, LOOK  
GREAT, BE GREAT,  
INSIDE AND OUT!



## TRANSDERMAL OZONE

The use of ozone in the HOCATT™ provides the many benefits, and works in concert with the other HOCATT™ technologies to facilitate the best strategy for optimal wellness and vitality. Ozone in the HOCATT™ can be both topical and systemic, and its uptake is enhanced by the Carbonic Acid and Hyperthermia technologies. Experts say the HOCATT's combination provides the greatest, fastest and easiest form of detox available!

Ozone is known to:

- Inactivate Viruses, Bacteria, Yeast, Fungi, Parasites and Protozoa
- Stimulate the Immune System & Speed Healing
- Clean Arteries and Veins, Improving Circulation
- Oxidize Toxins, facilitating their Excretion
- Normalize Hormone and Enzyme Production
- Reduce Inflammation
- Reduce Pain, Calm nerves
- Improve Brain function and Memory
- Scavenge Free Radicals
- Dissolution of Malignant Tumors
- Activate the Immune System

## CO<sub>2</sub> / CARBONIC ACID

- Increases blood flow throughout the entire body
- Enhances oxygen delivery at cellular level Flushes the skin temporarily to a healthy pink color
- Stimulates warmth receptors in the skin, inhibits cold receptors
- Reconstructs functionally closed capillaries
- Decreases blood pressure
- Naturally sedates and calms the central nervous system
- Reduces stress, relaxes the muscles and the mind
- A natural anti-inflammatory compound
- A fat dissolving compound

## PURE OXYGEN BREATHING (with passive exercise)

- Enables the body to work at peak performance while building endurance and speed.
- Increased oxygen is the key to reducing the stress your body is under.
- An increase in oxygen slows the aging process.
- Building an oxygen rich environment wards off illness and disease.
- Enables people who have not been able to exercise at their desired performance to do so.
- Reduces pain
- Increased strength and Increase in energy levels
- Burn up to 30% more calories
- Restores lung function and O<sub>2</sub> absorption
- Improves focus and ocular issues
- Reduces Edema in capillary cells
- Improves circulation disorders, especially in the lower extremities
- Reduces Hypertension

## FAR INFRARED

- Increases blood circulation and oxygen supply to damaged tissues
- Carpal Tunnel Syndrome (CTS)
- Neutralizes blood toxicity and the walls of arteries, capillaries and veins smoothed.
- Hypertension, osteoporosis, headaches and digestive issues are all improved.
- Seven times more effective at detoxifying heavy metals, and even environmental toxins, as opposed to conventional heat or steam saunas.
- Improved symptoms for fibrocystic breast disease, attention deficit hyperactivity disorder, fibromyalgia, chronic fatigue syndrome, and much more.

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## WHOLE BODY HYPERTHERMIA

- Inhibits tumor growth.
- Increases the oxygen, nutrient, hormone and enzyme supply to the affected areas
- White blood cells increase in volume and activity, increasing the body's immune efficiency
- Everything in the body works faster when the body has a high body temperature, including producing more hormones and enzymes
- Elevated Mitochondrial Function
- Decreases muscular contracture and relieves tension and pain.
- Hyperthermia increases metabolism
- Hyperthermia speeds the disposal of lactic acid and facilitates faster recovery after exercise
- Improves mental clarity

## ESSENTIAL OIL INFUSIONS

- Improve the quality of life
- Help eliminate toxins
- Reduce stress, anxiety levels
- Increase quality of sleep
- Improve blood pressure
- Reduce pain
- Enhancement of energy
- Improve short-term memory
- Prevent hair loss
- Reduce eczema-induced itching

## LED LIGHT & COLORS

- Violet calms fears and anxiety; helps relieve insomnia; it has a sedation effect on the nervous system.
- Indigo has positive effects for the eyes, ears, nose Blue fights infection and inflammation. It is good for cuts and burns. It also benefits the throat.
- Green is for the relief of headaches, ulcers, colds and flu and heart ailments.
- Yellow enhances mental concentration. It aids in the relief of indigestion, heartburn, and constipation. It affects the liver and intestines.
- Orange is for asthma and bronchitis—the entire respiratory system.
- Red stimulates circulation of blood and flow of adrenaline. It increases energy. The blood and reproductive system react to red.

## FREQUENCY SPECIFIC MICROCURRENTS

- Analgesia
- Anti-inflammatory Influence on blood flow and lymph transport
- Edema reduction
- Acceleration of regeneration
- Activation of Metabolism through temporary cAMP formation

## ATHLETIC PERFORMANCE BENEFITS

- Enhances performance qualitative and quantitative
- Prolongs a career (prevention and preservation)
- Produces higher endurance and stamina
- Reduces physical and emotional stress
- Reduces muscle spasms and pain
- Strengthens and rebuilds musculoskeletal system
- Higher energy production
- Breaks down lactic acid in muscles, excess adrenaline in the muscles
- Protects the skin against the sun's impact and prevents skin cancer
- Enhances great skin tone and helps prevent stretch marks
- Prevents varicose veins in athletes
- Reduces swelling and inflammation in injuries
- Strengthen joints and muscles

## ANTI-AGING / DETOX / WELLNESS

- Improves chronic digestive issues
- Improves impaired liver function
- Improves chronic headaches
- Improves ongoing skin conditions
- Improves stiff, aching joints and muscles
- Improves respiratory difficulties
- Improves allergies
- Improves low energy and fatigue

